

This  
always  
happens to  
me

Everybody  
is going to  
laugh at  
me

Bad things  
always  
happen to  
me

They're  
doing it to  
me on  
purpose

This is so  
unfair

It will  
never get  
better

It's all my  
fault

This is  
terrible

I will get  
sick

I will die

Everyone  
is against  
me

It is  
certain to  
happen

Nothing  
works out  
for me

This only  
happens to  
me

My family  
will die

I won't  
succeed

It must be  
perfect

I can't do it